



SIGNATURE SALADS

CAESAR

Romaine, Grilled Chicken, Croutons, Shaved Asiago, Caesar Dressing | 11.99

BUFFALO CHICKEN

Romaine, Grilled Chicken, Tomatoes, Banana Peppers, Cheddar, Pickled Red Onion, Housemade Ranch + Buffalo Sauce | 11.99

THAI CRUNCH

Spinach & Kale, Teriyaki Chicken, Red Cabbage, Mandarin Oranges, Chow Mein Noodles, Cucumber, Scallions, Sesame Ginger Dressing | 11.99

✓ MEDITERRANEAN

Field Greens, Portobello, Roasted Peppers, Sliced Black Olives, Hummus, Pita Chips, Feta, Mediterranean Vinaigrette | 11.99



Signature salad, flatbread, build-your-own-salad, or roll-up with fruit.
(Prosciutto flatbread +1)

All meal blocks come with a fountain drink or 16.9oz water.

SPICY SOUTHWEST

Spinach & Kale, Grilled Chicken, Charred Corn, Pickled Red Onion, Jalapeno, Cheddar, Tomatoes, Tortilla Strips, Cilantro Lime Green Goddess | 11.99

✓ CAPRESE BURRATA

Field Greens, Tomato, Cucumber, Roasted Pepper, Shaved Parm, Croutons, Burrata, Red Pesto Vinaigrette | 11.99

BUILD YOUR OWN

Build your perfect salad! Choose one protein, four toppings, one crunch, one extra, and one of our housemade dressings.

FLATBREADS AND ROLL-UPS

PHILLY CHEESESTEAK ROLL-UP

Slow-roasted beef, Bell Peppers, Onion, Provolone and Mozzarella Blend, Ranch Dipping Sauce | 11.99

BUFFALO CHICKEN ROLL-UP

Chicken Breast in Buffalo Sauce, Bell Peppers, Onion, Monterey Jack and Cheddar Blend, Ranch Dipping Sauce | 11.99

CHICKEN, SPINACH, AND FETA ROLL-UP

Chopped Chicken Breast, Baby Spinach, Crumbled Feta, Red Pesto Dipping Sauce | 11.99

▼ PORTABELLA AND ASIAGO ROLL-UP

Grilled Portabella Mushroom in Balsamic Marinade, Bell Pepper, Onion, Asiago and Parmesan Cheese Blend, Red Pesto Dipping Sauce | 11.99

SOUTHWEST CHICKEN FLATBREAD

Cajun-spiced chicken, ranch, bell pepper, jalapeno, Monterey jack and cheddar blend, crispy tortilla strips and green onion | 11.99

▼ MARGHERITA FLATBREAD

Red sauce, fresh mozzarella, sliced tomato, parmesan, oregano, fresh basil, and balsamic glaze | 11.99

PROSCIUTTO, GOAT CHEESE, AND ARUGULA FLATBREAD

Fig jam, shaved prosciutto, crumbled goat cheese, arugula, and roasted sunflower seeds | 12.99 (+1)

ADD ONS

- ▼ PARMESAN GARLIC STICKS +1 | 1.99
- PEPPERONI & CHEESE STICKS +2 | 2.99
- ▼ JALAPENO & CHEDDAR STICKS +2 | 2.99
- ▼ SPINACH & FETA BREADSTICKS +2 | 2.99

BREAD BOWL | 2.00

